



ANNUAL REPORT

2024-25



PRATIK is a passionate and community-driven non-governmental organization (NGO) working to bring positive change in Bihar and Jharkhand. It was established on May 24, 2022, by a group of young social workers with the belief that sustainable development can transform lives. The organization focuses on key areas such as education, healthcare, the environment, agriculture, water resources, and skill development—ensuring that people, especially those from underserved communities, have the opportunities and resources they need to thrive.

At its core, PRATIK envisions a society where every individual has access to quality education, reliable healthcare, and sustainable livelihood options. The goal is to build empowered and self-sufficient communities that can break free from poverty and social barriers. We believe that real change happens when people are given the tools to shape their own futures. Through its various initiatives, the organization connects with local communities, understands their needs, and implements sustainable solutions that create a lasting impact. Whether it's helping children access education, supporting farmers with better agricultural practices, or improving healthcare facilities, PRATIK's work is rooted in a deep commitment to social upliftment.

With a growing network of dedicated individuals and partners, we continue to grow and expand our efforts, ensuring that development is not just an idea but a lived reality for those it serves. The journey so far has been inspiring, and with continued support, we remain committed to building a better, more equitable future for all.



★★★ CHALLENGES IN OUR FOCUS AREAS

At PRATIK, we believe that real change begins with understanding the struggles faced by the communities we serve. Across Bihar and Jharkhand, people grapple with numerous challenges that impact their daily lives, limiting their access to opportunities and basic necessities. These are the key issues we aim to address:

Environment – Deforestation, pollution, and poor waste management are degrading natural resources, with little awareness of sustainable practices.

Education – Inadequate infrastructure, shortage of trained teachers, and high dropout rates—especially among girls—continue to hinder learning.

Skill Development – Youth and marginalized groups face unemployment due to limited access to vocational training aligned with market needs.

Health – Poor healthcare facilities, lack of sanitation, and limited awareness of preventable diseases increase risks, especially for women and children.

Nutrition – Malnutrition leads to stunted growth and weakened immunity, as many rely on low-cost, non-nutritious food.

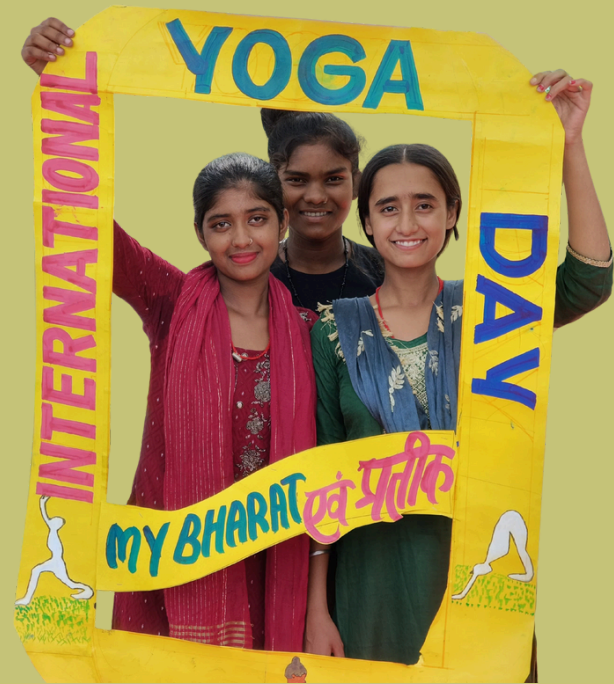
Agriculture – Farmers struggle with low yields, outdated methods, erratic weather, and poor market access, making sustainable farming difficult.

Water Resource Management – Many villages face water scarcity, depleting groundwater, and pollution, affecting both drinking water and irrigation.

Our Work:

Creating Change, One Step at a Time

Our work is about supporting communities, especially in rural areas, by helping them improve their access to water, education, and healthcare while also giving young people opportunities to learn, grow, and express themselves. Over the past year, we have worked on several projects that have made a difference in the lives of people across Bihar and Jharkhand. These projects have helped families get better access to water, supported young people in learning about their rights, created safe spaces for education, and even helped children with medical needs get life-changing surgeries.



Water for Life

Improving Water Availability for Farmers For many families in the villages of Barachatti block, Gaya district, farming is their main source of livelihood. But without enough water, growing crops becomes very difficult. To solve this problem, we worked with the community to build eight new ponds and repair two large Aahars (traditional water reservoirs). These water bodies are now helping 76 households by providing water for farming and household needs. A big success of this project is that 32 women farmers have started kitchen gardens using water from these ponds. With a steady water supply, they can now grow vegetables for their families and even sell the extra produce, giving them a small but steady income. One of the most encouraging aspects of this work is that the Irrigation Department has noticed the community's efforts and has agreed to help repair an old check dam. This will further improve water availability in the area.



Youth Engagement: Learning, Sports, and Self-Expression

Young people are the future, and we believe they should have opportunities to learn new skills, express themselves, and build confidence. Through our partnership with Nehru Yuva Kendra, we have organized several activities that help youth grow in different ways.

Plantation Drive – Plantation drive was undertaken by the youths under the flagship program “Ek Ped Maa Ke Naam” supported by Nehru Yuva Kendra, Koderma.



A Football Tournament – Sports bring people together, build confidence, and teach teamwork. We organized a football tournament where both girls and boys participated, challenging the traditional idea that only boys should play.



Cleanliness Drive - Young people marked a cleanliness drive in their village to spread awareness on health and hygiene.



Yoga Day – Fitness and mental well-being are essential for everyone, especially young people. On International Yoga Day, we organized yoga sessions in a government school to teach children about health and self-care.





JAGRIK PROGRAMME

Learning About Rights and Responsibilities Understanding our rights and duties as citizens is essential for building a better society. With support from Commutiny – The Youth Collective, New Delhi, we launched the Jagrik Programme, an initiative that helps young people learn about the Indian Constitution through an interactive game called Samvidhan LIVE. Through this program, youth engage in real-life activities that help them understand their rights and responsibilities. They reflect on issues like gender equality, education, voting rights, and social justice—not just as theoretical concepts but as things that directly impact their lives. This initiative is shaping responsible and informed citizens who will actively participate in building a just and equal society.

EDUCATION SUPPORT

Bringing Learning Closer to Children In Banmurha village, children face a major challenge—the nearest government school is 4 kilometers away. This distance makes it difficult for many children, especially girls, to attend school regularly. To support these children, we have started a coaching center within the village itself. The center is in the middle of the forest, making it accessible to local children. Currently, 30 students are enrolled, with more girls than boys, showing that families are now more willing to educate their daughters. This small initiative is giving children the opportunity to continue their learning and build a better future.



JAGRIK PROGRAMME

Learning About Rights and Responsibilities Understanding our rights and duties as citizens is essential for building a better society. With support from Commutiny – The Youth Collective, New Delhi, we launched the Jagrik Programme, an initiative that helps young people learn about the Indian Constitution through an interactive game called Samvidhan LIVE. Through this program, youth engage in real-life activities that help them understand their rights and responsibilities. They reflect on issues like gender equality, education, voting rights, and social justice—not just as theoretical concepts but as things that directly impact their lives. This initiative is shaping responsible and informed citizens who will actively participate in building a just and equal society.



OPERATION SMILE

Giving Children a Reason to Smile Children born with cleft lips and cleft palates often face difficulties in speaking, eating, and even social acceptance. In many cases, their families are unaware that these conditions can be treated with surgery. There are also taboos related to this in some of our villages. Through Operation Smile, we conducted awareness campaigns in 10 villages, identifying children in need of medical support. As a result, three children received free surgeries in Hazaribagh, giving them a new chance at a better life. For these children and their families, this small medical intervention has been life-changing, allowing them to eat properly, speak more clearly, and smile confidently.



Looking Ahead Each of these initiatives has shown us the power of community-led change. Whether it's building ponds, organizing cultural programs, creating educational opportunities, or supporting medical treatments, we have seen how even small efforts can transform lives. Going forward, we are committed to expanding our work, reaching more communities, and ensuring that every child, farmer, and young person has the support they need to build a better future. At PRATIK, we believe in working with communities, not just for them. And together, we are creating a future filled with hope, dignity, and opportunities for all.

